



Updated
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Mentor Responsibility Agreement

Positivity Outward (PO), a 501c3 nonprofit organization based in Montana, empowers youth with mentors for well-being through the app we built. As a mentor, your role is to provide guidance using reflection and action to mentees participating in the program through their school. You are providing support in the topics you choose, such as mental health, self-discovery, and college/career prep. Mentees choose their own mentors based on your profile.

You will respond to messages within 48 hours and communicate your availability to your mentees. You will complete weekly check-ins with PO staff, which will often be done as messages on the app.

You are not a mental health professional. Your role is not to intervene with suicide, diagnose any illness, provide treatment, or provide medical or professional advice. Your role is to guide based on your experiences and, if needed, connect mentees with appropriate resources and professionals. Tip: use "I" statements.

You are a mandatory reporter; you must report on the 3 Harms to PO leadership: if the student is at risk of harming themselves, harming others, or at risk of being harmed. If the student is in immediate danger, contact an appropriate hotline, 988, or 911.

By choosing to participate in the Positivity Outward Mentoring Program, I agree to:

- Complete all required training steps before communicating with mentees
- Follow all rules and guidelines as outlined and covered in the training and orientation.
 - Maintain privacy. I will not share outside of PO any information that students trust me with, except for mandatory reporting.
 - Fulfill my role as a mandatory reporter.
- Respond to mentee messages within 48 hours during my active commitment.
 - Only message during appropriate, professional times
 - Not communicate with mentees outside of the PO app
 - Promptly communicate to PO staff any circumstances that prevent me from responding to mentees within 48 hours
- Open and respond to emails, texts, and messages from PO within 1 week
- Check-in weekly with PO staff
- Contact PO leadership with questions/concerns, when I plan on not participating anymore, and if I begin to struggle with my mental health

I understand that not fulfilling these requirements warrants deactivating my account and terminating my mentorship role.

Name _____ Date _____

Signature _____